

# MUSHROOM SWISS

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTERAL MG	SODIUM MG	TOTAL CARBS G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
<b>3" BRIOCHE BUN</b>	1.1	100	35	1.5	1	0	5	140	15	1	3	3	0.0415	0	30	0.4
<b>ANGUS BEEF</b>	2.75	260	180	20	8	0	70	55	1	0	0	18	0	0	0	0.1
<b>MUSHROOMS</b>	0.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>SWISS CHEESE</b>	0.5	50	35	4	2.5	0	12.5	220	1	0	0.5	2.5	0.04	0	0.075	0
<b>MAYO</b>	0.33	27.5	25	2.75	0.5	0	1.25	19	0	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>5.18</b>	<b>437.5</b>	<b>275</b>	<b>28.25</b>	<b>12</b>	<b>0</b>	<b>88.75</b>	<b>434</b>	<b>17</b>	<b>1</b>	<b>3.5</b>	<b>23.5</b>	<b>0.0815</b>	<b>0</b>	<b>30.075</b>	<b>0.5</b>
<b>ADD ITEMS</b>																
<b>2ND PATTY</b>	2.75	260	180	20	8	0	70	55	1	0	0	18	0	0	0	0.1
<b>BACON</b>	0.75	100	72	0.0745	2.925	0	20.27	359.5	0.9	0	1.425	5.595	0.065	0.205	0.04	0
<b>FRIED EGG</b>	1.62	92	45	6.8	1.97	0	184.5	95.2	69.9	0.4	0	0.38	6.27	10	0	2
<b>AVOCADO</b>	1.5	161	134	14.73	2.137	0	0	7	8.57	6.7	0.66	2.01	1	11	1	0