

VEGGIE BREAKFAST SLIDER

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTEROL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.5	150.0	120.0	14.0	4.0	0	30.0	470.0	0	0	3.0	5.0	0	13.0	29.0	0
FRIED EGG (LG)	1.600	90	60	7	2	0	210	95	0.6	0	0	6.3	6	0	3	5
TATER TOTS	1.2	68.0	32.4	3.6	0.6	0	0	144.0	7.6	0.4	0	0.8	0	0	0	0.2
ONION	0.33	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
AMERICAN CHEESE	0.5	50	35	4	2.5	0	12.5	220	1	0	0.5	2.5	0.04	0	0.075	0
TOTAL	5.1	358.0	247.4	28.6	9.1	0	252.5	929.0	9.2	0.4	3.5	14.6	6.0	13.0	32.1	5.2