

# STEAK HOUSE RIB EYE

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTEROL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.1	100	35.0	1.5	1.0	0	5.0	140.0	15.0	1.0	3.0	3.0	0	0	30.0	0.4
PHILLY STEAK	2.5	110	4.5	9	1.75	0	30	310	2	0	0	11	0	0	0	0
FRIED ONIONS	0.330	60.66	42.57	4.73	2	0	0	81	4	0	0	0	0	0	0	0
PROVOLONE CHEESE	0.5	49	35	3.8	2.38	0	9.5	125	0.3	0	0.08	3.55	0	0	106	0
SAUTEED MUSHROOMS	0.5	7	3.51	0.39	0.069	0	0	35.5	0.73	0.3	0.3	0.3	0.5	0.5	1	0.24
A1 SAUCE	0.5	12.5	0	0	0	0	0	233.5	2.5	0	1.7	0	0	0	0	0
<b>TOTAL</b>	<b>5.4</b>	<b>339.2</b>	<b>120.6</b>	<b>19.4</b>	<b>7.2</b>	<b>0</b>	<b>44.5</b>	<b>925.0</b>	<b>24.5</b>	<b>1.3</b>	<b>5.0</b>	<b>17.9</b>	<b>0.5</b>	<b>0.5</b>	<b>137.0</b>	<b>0.6</b>