

STEAK & EGG SLIDER

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTEROL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.6	90.0	60.0	7.0	2.0	0	210.0	95.0	0.6	0	0	6.3	6.0	0	3.0	5.0
STEAK	2.5	110	4.5	9	1.75	0	30	310	2	0	0	11	0	0	0	0
FRIED EGG (LG)	1.600	90	60	7	2	0	210	95	0.6	0	0	6.3	6	0	3	5
AMERICAN CHEESE	0.5	50	35	4	2.5	0	12.5	220	1	0	0.5	2.5	0.04	0	0.075	0
TOTAL	6.2	340.0	159.5	27.0	8.3	0	462.5	720.0	4.2	0	0.5	26.1	12.0	0	6.1	10.0