

# SPICY FALAFEL

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTEROL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.1	100	35.0	1.5	1.0	0	5.0	140.0	15.0	1.0	3.0	3.0	0	0	30.0	0.4
GRILLED CHICKEN BREAST	2.5	57	2	3	0.405	0	0	50	5.4	0	0	2.26	0	0	1	3
LETTUCE	0.025	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HOT GIARDINARA	0.1	60	15	6	0	0	0	0	1	0	0	0	0	0	0	0
PEPPERJACK CHEESE	0.5	55	2.25	5	2.5	0	12.5	110	0	0	0	3.5	0	0	105	0
SAVVY SAUCE	0.3	79.2	74.3	8.4	1.2	0	7.4	133.7	1.5	0	0.8	0	0	0	0	0
<b>TOTAL</b>	<b>4.625</b>	<b>351.2</b>	<b>128.55</b>	<b>23.9</b>	<b>5.105</b>	<b>0</b>	<b>24.9</b>	<b>433.7</b>	<b>22.9</b>	<b>1.0</b>	<b>3.8</b>	<b>8.8</b>	<b>0</b>	<b>0</b>	<b>135</b>	<b>3.4</b>