

# SAVVY CLASSIC ANGUS BEEF

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTERAL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.1	100	35	1.5	1	0	5	140	15	1	3	3	0.0415	0	30	0.4
ANGUS BEEF	2.8	260	180	20	8	0	70	55	1	0	0	18	0	0	0	10%
LETTUCE	0.025	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
TOMATO	0.1	3.3	0	0	0	0	0	0	1.26	0	0.021	0	0	1.05	0	0
PICKLES	0.0	1.25	0	0	0	0	0	65	0.25	0	0	0	0	0	0	0
ONIONS	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
AMERICAN CHEESE	0.5	50	35	4	2.5	0	12.5	220	1	0	0.5	2.5	0.04	0	0.075	0
CATSUP	0.3	9	0	0	0	0	0	100	2.3	0.01	2	0.2	0	0	0	0
MAYO	0.3	27.5	25	2.75	0.5	0	1.25	19	0	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>5.1</b>	<b>451.05</b>	<b>275</b>	<b>28.25</b>	<b>12</b>	<b>0</b>	<b>88.75</b>	<b>599</b>	<b>20.81</b>	<b>1.01</b>	<b>5.521</b>	<b>23.7</b>	<b>0.0815</b>	<b>1.05</b>	<b>30.075</b>	<b>50%</b>
ADD ITEMS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2ND PATTY	2.8	265	162	18	7	0	49.5	125	1	0	0	12.5	0	0	0	0
BACON	0.8	100	72	0.0745	2.925	0	20.27	359.5	0.9	0	1.425	5.595	0.065	0.205	0.04	0
<b>TOTAL</b>	<b>8.6</b>	<b>816.05</b>	<b>509</b>	<b>46.3245</b>	<b>21.925</b>	<b>0</b>	<b>158.52</b>	<b>1083.5</b>	<b>22.71</b>	<b>1.01</b>	<b>6.946</b>	<b>41.795</b>	<b>0.1465</b>	<b>01.255</b>	<b>30.115</b>	<b>50%</b>