

SPICY FALAFEL

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTERAL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
3" BRIOCHE BUN	1.1	100	35	1.5	1	0	0	140	15	1	3	3	0	0	30	0.4
GRILLED CHICKEN BREAST	2.5	57	2	3	0.405	0	0	50	5.4	0	0	2.26	0	0	1	3
LETTUCE	0.025	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HOT GIARDINARA	0.1	60	15	6	0	0	0	0	1	0	0	0	0	0	0	0
PEPPERJACK CHEESE	0.5	55	2.3	5	2.5	0	12.5	110	0	0	0	3.5	0	0	105	0
SAVVY SAUCE	0.3	52.8	49.5	5.6	0.8	0	5	89.1	1	0	0.7	0	0	0	0	0
TOTAL	4.475	324.85	103.8	21.1	4.7	0	17.5	389.1	22.35	1	3.7	8.8	0	0	136	3.4