

SAVVY DESSERTS

	OZ	TOTAL CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT FAT	TRANS FAT/ SLICE	CHOLESTERAL MG	SODIUM MG	TOTAL CARBS 1 SLICE G	DIETARY FIBER G	SUGARS G	PROTEIN G	VITAMIN A %	VITAMIN C %	CALCIUM MG	IRON MG
BANANA PUDDING	8	288	14	8	0.2	0	0	440	48	0	0	4.2	0.8	1.6	17.2	1.6
PLAIN CHEESECAKE	6.5	620	390	44	28	1.5	205	590	48	1	37	9	25	2	15	8
OREO CHEESECAKE	4.6	520	300	34	20	1	105	160	50	2	34	6	15	0	8	10
STRAWBERRY CHEESECAKE	9.1	740	390	44	28	1.5	205	590	76	1	59	10	25	2	15	10
DBL CHOCOLATE CAKE	6.9	780	60	41	22	1	135	440	102	6	75	10	15	0	8	25
BANANA CRUNCH CAKE	6.9	535	290	30	7	7	27	376	66	0	54	3.5	2	0	4	6
CARROT CAKE	8.5	960	540	60	25	1.5	155	770	97	3	73	10	20	8	10	8